

5 TIPS FOR TEACHING YOUR CHILDREN ABOUT YOM KIPPUR



Teaching your children about Yom Kippur will complete God's divine design of how a family is established and prospers when rooted in the Lord. These tips will help build security and trust in your children, leaving a lasting legacy.

READ A BOOK.



Reading a book that teaches your children about Yom Kippur helps them to better understand the heart behind and purpose of the feast. It reveals God's heart to draw them near and forgive, anointing them for their Kingdom purposes.

PRAY WITH YOUR CHILDREN.

Guide them in prayers that recall moments from the past year that were a struggle or when they made mistakes. You can do the same and let them see that you actively live a life of repentance. Let them know that when they repent and turn it over to God, He is faithful to forgive.



FAST.

Fasting is part of observing Yom Kippur; however, this can be incredibly difficult for adults, much less kids! Instead of fasting from food, talk with your children about fasting from a favorite activity or treat. This can help them see the benefit of removing distractions and focusing on the Lord.



JOURNAL OR DRAW.

Yom Kippur focuses on choices. Your children can journal or draw a picture of how they want to move forward in the year ahead and the choices they want to make.



DO A CRAFT.

Kids love crafts! They engage every sense, and children can better understand the concepts you teach. You can do a craft that tells about Jonah and the whale, which is a picture of repentance and is traditionally read during Yom Kippur.



TEACH YOUR CHILDREN ABOUT YOM KIPPUR!



GET THE BOOK!